



Chairman: Master Darren Naraine (6<sup>th</sup>Dan)  
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### 4<sup>th</sup> KUP (Blue Belt) GRADING TEST APPLICATION FORM

**THE GRADING FEE (£25) INCLUDES THE ISSUE OF A CERTIFICATE AND A BELT**

**Minimum hours / lessons attended = 18**

#### 1. To be completed by the candidate in **BLOCK CAPITALS**

Surname:		Fees Paid For Test:	
Forenames:		Instructors Name:	
Address:		Present Grade:	
		Lessons Since Last Grading:	
		Last Grading Date:	
		Membership Licence Number:	
Postcode:		Expiry Date:	
Date of Birth:		Signature of recommending Instructor:	

**I AGREE TO ABIDE BY THE GRADING RESULTS**

Signature:	
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#### 2. To be completed by the Examiner

	Mark	Comment (If Applicable)
1. Taegeuk 5		
2. Taegeuk 4		
3. Combination kicking - Side kick / back kick		
4. Combination kicking - Skip turning kick / back kick		
5. 1 Step Sparring		
6. Kicking Exercise – 1 step, and 3 Step Kicking exercise, with counter.		
7. Free Sparring		
8. Power test, measure up and destruct back kick		

#### EXAMINERS COMMENTS (Continued overleaf if required)

Target for your next grading:	Overall Mark:	
	<input type="checkbox"/> PASS	<input type="checkbox"/> FAIL
	Grade Awarded:	Kup

Examiners Name:		Dan Grade:	
Date:		Signature:	