



Chairman: Master Darren Naraine (6<sup>th</sup>Dan)  
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**6<sup>th</sup> KUP (Green Belt) GRADING TEST APPLICATION FORM**

**THE GRADING FEE (£25) INCLUDES THE ISSUE OF A CERTIFICATE AND A BELT**

**Minimum hours / lessons attended = 16**

**To be completed by the candidate in BLOCK CAPITALS**

Surname:		Fees Paid For Test:	
Forenames:		Instructors Name:	
Address:		Present Grade:	
		Lessons Since Last Grading:	
		Last Grading Date:	
		Membership Licence Number:	
Postcode:		Expiry Date:	
Date of Birth:		Signature of recommending Instructor:	
<b>I AGREE TO ABIDE BY THE GRADING RESULTS</b>			
Signature:			

**2. To be completed by the Examiner**

	Mark	Comment (If Applicable)
1. Taegeuk 3		
2. Taegeuk 2		
3. Back Stance, double knife hand guarding block. Forwards and backwards.		
4. Moving forward back stance outer block, moving backwards inner block.		
5. 1 Step Sparring		
6. Kicking Exercise – 1 step, and 3 Step Kicking exercise, with counter.		
7. Moving forward side kicking / Step side kick		
8. Power test. Measure up and destruct side kick		

**EXAMINERS COMMENTS (Continued overleaf if required)**

Target for your next grading:	Overall Mark:	
	<input type="checkbox"/> PASS	<input type="checkbox"/> FAIL
	Grade Awarded:	Kup

<b>Examiners Name:</b>		<b>Dan Grade:</b>	
<b>Date:</b>		<b>Signature:</b>	