



Chairman: Master Darren Naraine (6thDan)

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7th KUP (Green Tag) GRADING TEST APPLICATION FORM

THE GRADING FEE (£20) INCLUDES THE ISSUE OF A CERTIFICATE AND A BELT

Minimum hours / lessons attended = 12

1. To be completed by the candidate in **BLOCK CAPITALS**

Surname:		Fees Paid For Test:	
Forenames:		Instructors Name:	
Address:		Present Grade:	
		Lessons Since Last Grading:	
		Last Grading Date:	
		Membership Licence Number:	
Postcode:		Expiry Date:	
Date of Birth:		Signature of recommending Instructor:	

I AGREE TO ABIDE BY THE GRADING RESULTS

Signature:	
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2. To be completed by the Examiner

	Mark
1. Inner Crescent, fighting stance. 10x left leg, 10x right leg	
2. Long stance lower block, middle punch. 6 x forward, turn, 6 x backwards.	
3. Long stance upper block, middle punch. 6 x forward, turn, 6 x backwards.	
4. Moving forward turning kicks / front kicks / axe kicks (examiners choice)	
5. 1 step sparring	
6. 1 for 1 kicking	
7. Taegeuk 1	
8. Taegeuk 2	

EXAMINERS COMMENTS (Continued overleaf if required)

Target for your next grading:	Overall Mark:	
	<input type="checkbox"/> PASS	<input type="checkbox"/> FAIL
	Grade Awarded:	Kup

Examiners Name:		Dan Grade:	
Date:		Signature:	